

ST. MICHAEL'S INTERNATIONAL SCHOOL, KISHANGANJ

Summer Timetable (Monday to Friday)

Begins	Activity	Ends
5:30 AM	Rising, Tooth brushing, freshen up, change to games clothes	5:55 AM
5:55 AM	Line up (house-wise) at the games field for conditioning	6:00 AM
6:00 AM	Morning conditioning – Running & exercise	6:30 AM
6:30 AM	Morning conditioning – Yoga or Meditation	6:45 AM
6:45 AM	Change into school uniform	6:55 AM
6:55 AM	Line up (class-wise) at the games field for morning prep	7:00 AM
7:00 AM	Morning prep	8:25 AM
8:25 AM	Breakfast & Non-residential students arrival /checking	8:55 AM
8:55 AM	Line up class-wise for morning assembly	9:00 AM
9:00 AM	Morning assembly and prayer	9:25 AM
9:25 AM	Attendance by class teacher	9:30 AM
9:30 AM	First period (class begins)	10:05 AM
10:05 AM	Second period	10:40 AM
10:40 AM	Third period	11:15 AM
11:15 AM	Juice and newspaper reading break	11:30 AM
11:30 AM	Fourth period	12:05 PM
12:05 PM	Fifth period	12:40 PM
12:40 PM	Lunch break	1:10 PM
1:10 PM	Sixth period	1:45 PM
1:45 PM	Seventh period	2:20 PM
2:20 PM	Eighth period	2:55 PM
2:20 PM	Cloth changing for boarders	2:35 PM
2:35 PM	After Noon Prep for all students	3:45 PM
3:45 PM	Teatime for All Students	4:00 PM
4:00 PM	Non-Residential Students Line Up and their Departure	4:15 PM
4:00 PM	Evening games	5:30 PM
5:30 PM	Bathing and changing into night suit	6:00 PM
6:05 PM	Line up for evening prep	6:10 PM
6:10 PM	Evening prep	8:00 PM
8:00 PM	Dinner and selective students' day reflection	8:40 PM
8:40 PM	Evening prayer	8:45 PM
8:45 PM	Enter dormitory and attendance	9:15 PM
9:15 PM	Go to bed (lights off)	-

Signature if the Principal

Summer Timetable (Saturday)		
Begins	Activity	Ends
5:30 AM	Rising, Tooth brushing, freshen up, change to games clothes	5:55 AM
5:55 AM	Line up (house-wise) at the games field for conditioning	6:00 AM
6:00 AM	Morning conditioning – Running & exercise	6:30 AM
6:30 AM	Morning conditioning – Yoga or Meditation	6:45 AM
6:45 AM	Change into school uniform	6:55 AM
6:55 AM	Line up (class-wise) at the games field for morning prep	7:00 AM
7:00 AM	Morning prep	8:25 AM
8:25 AM	Breakfast & Non-residential students arrival /checking	8:55 AM
8:55 AM	Line up class-wise for morning assembly	9:00 AM
9:00 AM	Morning assembly and prayer	9:25 AM
9:25 AM	Attendance by class teacher	9:30 AM
9:30 AM	First period (class begins)	10:05 AM
10:05 AM	Second period	10:40 AM
10:40 AM	Third period	11:15 AM
11:15 AM	Juice and newspaper reading break	11:30 AM
11:30 AM	Fourth period	12:05 PM
12:05 PM	Non-Residential Students Line Up and their Departure	12:20 PM
12:05 PM	Cloth changing for boarders	12:30 PM
12:30 PM	Line up for Lunch	12:40 PM
12:40 PM	Lunch break	1:10 PM
1:10 PM	Rest In Dormitory	2:30 PM
2:30 PM	Line up for Prep	2:35 PM
2:35 PM	After Noon Prep for all students	3:45 PM
3:45 PM	Teatime for All Students	4:00 PM
4:00 PM	Non-Residential Students Line Up and their Departure	4:15 PM
4:00 PM	Evening games	5:30 PM
5:30 PM	Bathing and changing into night suit	6:00 PM
6:05 PM	Line up for Weekends Movie Session	6:10 PM
6:10 PM	Weekends Movie Session	8:00 PM
8:00 PM	Dinner and selective students' day reflection	8:40 PM
8:40 PM	Evening prayer	8:45 PM
8:45 PM	Enter dormitory and attendance	9:15 PM
9:15 PM	Go to bed (lights off)	-

Signature if the Principal

Summer Timetable (Sunday)

Begins	Activity	Ends
7:00 AM	Rising, Tooth brushing, freshen up, change to games clothes	7:25 AM
7:25 AM	Line up for Games	7:30 AM
7:30 AM	Morning Games	8:25 AM
8:25 AM	Break fast	8:55 AM
8:55 AM	Line Up for Morning Prep	9:00 AM
9:00 AM	Morning Prep	11:15 AM
11:15 AM	Juice and newspaper reading break	11:30 AM
11:30 AM	Morning Prep	12:30 PM
12:30 PM	Line up for Lunch	12:40 PM
12:40 PM	Lunch break	1:10 PM
1:10 PM	Return to Dormitory and rest in Dormitory	3:00 PM
03:00:PM	Teatime for All Students	3:15 PM
3:15 PM	Evening Games	5:30 PM
5:30 PM	Bathing and changing into night suit	6:00 PM
6:05 PM	Line up for Evening Prep	6:10 PM
6:10 PM	Evening Prep	8:00 PM
8:00 PM	Dinner and selective students' day reflection	8:40 PM
8:40 PM	Evening prayer	8:45 PM
8:45 PM	Enter dormitory and attendance	9:15 PM
9:15 PM	Go to bed (lights off)	-

Signature if the Principal

ST. MICHAEL'S INTERNATIONAL SCHOOL, KISHANGANJ

Winter Timetable (Monday to Friday)

Begins	Activity	Ends
6:00 AM	Rising, Tooth brushing, freshen up, change to games clothes	6:25 AM
6:25 AM	Line up (house-wise) at the games field for conditioning	6:30 AM
6:30 AM	Morning conditioning – Running & exercise	7:00 AM
7:00 AM	Morning conditioning – Yoga or Meditation	7:15 AM
7:15 AM	Change into school uniform	7:25 AM
7:25 AM	Line up (class-wise) for morning prep	7:30 AM
7:30 AM	Morning prep	8:30 AM
8:30 AM	Breakfast & Non-residential students arrival/checking	9:00 AM
9:00 AM	Line up class-wise for morning assembly	9:05 AM
9:05 AM	Morning assembly and prayer	9:30 AM
9:30 AM	Attendance by class teacher	9:35 AM
9:35 AM	First period (class begins)	10:10 AM
10:10 AM	Second period	10:45 AM
10:45 AM	Third period	11:20 AM
11:20 AM	Juice and newspaper reading break	11:35 AM
11:35 AM	Fourth period	12:10 PM
12:10 PM	Fifth period	12:45 PM
12:45 PM	Lunch break	1:15 PM
1:15 PM	Sixth period	1:50 PM
1:50 PM	Seventh period	2:25 PM
2:25 PM	Eighth period	3:00 PM
3:00 PM	Cloth changing for boarders	3:10 PM
3:10 PM	Afternoon prep for all students	4:00 PM
4:00 PM	Teatime for all students	4:15 PM
4:15 PM	Non-Residential Students Line Up and their Departure	4:30 PM
4:15 PM	Evening games	5:15 PM
5:15 PM	Bathing and changing into night suit	5:45 PM
5:45 PM	Line up for evening prep	5:50 PM
5:50 PM	Evening prep	7:30 PM
7:30 PM	Dinner and selective students' day reflection	8:00 PM
8:00 PM	Evening prayer	8:05 PM
8:05 PM	Enter dormitory and attendance	8:30 PM
8:30 PM	Go to bed (lights off)	-

Signature if the Principal

Winter Timetable (Saturday)		
Begins	Activity	Ends
6:00 AM	Rising, Tooth brushing, freshen up, change to games clothes	6:25 AM
6:25 AM	Line up (house-wise) at the games field for conditioning	6:30 AM
6:30 AM	Morning conditioning – Running & exercise	7:00 AM
7:00 AM	Morning conditioning – Yoga or Meditation	7:15 AM
7:15 AM	Change into school uniform	7:25 AM
7:25 AM	Line up (class-wise) for morning prep	7:30 AM
7:30 AM	Morning prep	8:30 AM
8:30 AM	Breakfast & Non-residential students arrival/checking	9:00 AM
9:00 AM	Line up class-wise for morning assembly	9:05 AM
9:05 AM	Morning assembly and prayer	9:30 AM
9:30 AM	Attendance by class teacher	9:35 AM
9:35 AM	First period (class begins)	10:10 AM
10:10 AM	Second period	10:45 AM
10:45 AM	Third period	11:20 AM
11:20 AM	Juice and newspaper reading break	11:35 AM
11:35 AM	Fourth period	12:10 PM
12:10 PM	Non-Residential Students Line Up and their Departure	12:25 PM
12:10 PM	Cloth changing for boarders	12:30 PM
12:30 PM	Line up for Lunch	12:40 PM
12:40 PM	Lunch break	1:10 PM
1:10 PM	Rest In Dormitory	2:30 PM
2:30 PM	Line up for Prep	2:35 PM
2:35 PM	After Noon Prep for all students	3:45 PM
3:45 PM	Teatime for All Students	4:00 PM
4:00 PM	Non-Residential Students Line Up and their Departure	4:15 PM
4:00 PM	Evening games	5:30 PM
5:30 PM	Bathing and changing into night suit	6:00 PM
6:05 PM	Line up for Weekends Movie Session	6:10 PM
6:10 PM	Weekends Movie Session	8:00 PM
8:00 PM	Dinner and selective students' day reflection	8:40 PM
8:40 PM	Evening prayer	8:45 PM
8:45 PM	Enter dormitory and attendance	9:15 PM
9:15 PM	Go to bed (lights off)	-

Signature if the Principal

Winter Timetable (Sunday)

Begins	Activity	Ends
7:00 AM	Rising, Tooth brushing, freshen up, change to games clothes	7:25 AM
7:25 AM	Line up for Games	7:30 AM
7:30 AM	Morning Games	8:30 AM
8:30 AM	Break fast	9:00 AM
8:55 AM	Line Up for Morning Prep	9:00 AM
9:00 AM	Morning Prep	11:20 AM
11:20 AM	Juice and newspaper reading break	11:35 AM
11:35 AM	Morning Prep	12:30 PM
12:30 PM	Line up for Lunch	12:40 PM
12:40 PM	Lunch break	1:10 PM
1:10 PM	Return to Dormitory and rest in Dormitory	3:00 PM
03:00:PM	Teatime for All Students	3:15 PM
3:15 PM	Evening Games	5:30 PM
5:30 PM	Bathing and changing into night suit	6:00 PM
6:05 PM	Line up for Evening Prep	6:10 PM
6:10 PM	Evening Prep	8:00 PM
8:00 PM	Dinner and selective students' day reflection	8:40 PM
8:40 PM	Evening prayer	8:45 PM
8:45 PM	Enter dormitory and attendance	9:15 PM
9:15 PM	Go to bed (lights off)	-

Signature if the Principal